WORLD INTELLECTUAL PROPERTY ORGANIZA International Bureau



INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(51) International Patent Classification 6 :

A61M 16/00

(11) International Publication Number:

WO 98/57691

(43) International Publication Date:

23 December 1998 (23.12.98)

(21) International Application Number:

PCT/AU98/00474

A1

(22) International Filing Date:

18 June 1998 (18.06.98)

(30) Priority Data:

PO 7422

18 June 1997 (18.06.97)

ΑU

(71) Applicant (for all designated States except US): RESMED LIMITED [AU/AU]; 82 Waterloo Road, North Ryde, NSW 2113 (AU).

(72) Inventors; and

(75) Inventors/Applicants (for US only): KENYON, Barton, John [AU/AU]; 20 John Street, Erskineville, NSW 2043 (AU).
MARTIN, Dion, Charles, Chewe [AU/AU]; 1 Norman Street, Concord, NSW 2137 (AU).

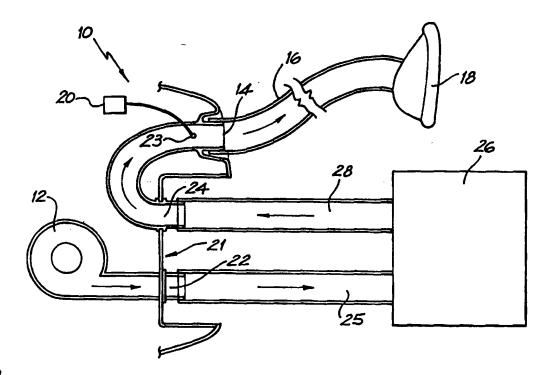
(74) Agent: SPRUSON & FERGUSON; G.P.O. Box 3898, Sydney, NSW 2001 (AU).

(81) Designated States: AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, CA, CH, CN, CU, CZ, DE, DK, EE, ES, FI, GB, GE, GH, GM, GW, HU, ID, IL, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MD, MG, MK, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TR, TT, UA, UG, US, UZ, VN, YU, ZW, ARIPO patent (GH, GM, KE, LS, MW, SD, SZ, UG, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, CY, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, ML, MR, NE, SN, TD, TG).

Published

With international search report.

(54) Title: AN APPARATUS FOR SUPPLYING BREATHABLE GAS



(57) Abstract

An apparatus (10) for supplying breathable gas. The apparatus (10) includes a flow generator (12), a gas outlet (14), a connection means (21) interposed between the flow generator (12) and the pressure sensing means (20), the connection means having a connecting inlet (22) and a connecting outlet (24), a pressure sensing means (20) interposed between the connecting outlet (24) and the gas outlet (14). The connecting means (21) is adapted to allow selective connection to either a duct member (30) providing a direct flow path from the connecting inlet (22) to the connecting outlet (24) or to a humidifier (26) interposed between the connecting inlet (22) and the connecting outlet (24).

FOR THE PURPOSES OF INFORMATION ONLY

Codes used to identify States party to the PCT on the front pages of pamphlets publishing international applications under the PCT.

	4.111	ES	Spain	LS	Lesotho	SI	Slovenia
AL	Albania		Spani Finland	LT	Lithuania	SK	Slovakia
AM	Armenia	FI	•	LU	Luxembourg	SN	Senegal
AT	Austria	FR	France		=	SZ	Swaziland
ΑÜ	Australia	GA	Gabon	LV	Latvia		-:·
ΑZ	Azerbaijan	GB	United Kingdom	MC	Monaco	TD	Chad
BA	Bosnia and Herzegovina	GE	Georgia	MD	Republic of Moldova	TG	Togo
BB	Barbados	GH	Ghana	MG	Madagascar	T.)	Tajikistan
BE	Belgium	GN	Guinea	MK	The former Yugoslav	TM	Turkmenistan
BF	Burkina Faso	GR	Greece		Republic of Macedonia	TR	Turkey
BG	Bulgaria	HU	Hungary	ML	Mali	TT	Trinidad and Tobago
BJ	Benin	1E	Ireland	MN	Mongolia	UA	Ukraine
BR	Brazil	IL	Israel	MR	Mauritania	UG	Uganda
BY	Belarus	IS	Iceland	MW	Malawi	US	United States of America
CA	Canada	IT	Italy	MX	Mexico	UZ.	Uzbekistan
CF	Central African Republic	JР	Japan	NE	Niger	VN	Viet Nam
CG	Congo	KE	Kenya	NL	Netherlands	YU	Yugoslavia
CH	Switzerland	KG	Kyrgyzstan	NO	Norway	zw	Zimbabwe
CI	Côte d'Ivoire	KP	Democratic People's	NZ	New Zealand		
CM	Cameroon		Republic of Korea	PL	Poland		
CN	China	KR	Republic of Korea	PT	Portugal		
CU	Cuba	KZ	Kazakstan	RO	Romania		
CZ	Czech Republic	LC	Saint Lucia	RU	Russian Federation		
DE	Germany	LI	Licchtenstein	SD	Sudan		
DK	Denmark	LK	Sri Lanka	SE	Sweden		
EF	Estonia	LR	Liberia	SG	Singapore		

15

20

25

30

35

(

AN APPARATUS FOR SUPPLYING BREATHABLE GAS

FIELD OF THE INVENTION

The present invention relates to an apparatus for supplying breathable gas.

The present invention has been developed primarily for use in Continuous Positive Airway Pressure (CPAP) treatment of, for example, Obstructive Sleep Apnea (OSA) in which pressurised air is supplied to a patient's airways to pneumatically splint them open. The pressure of the gas supplied to the patient can be constant, bi-level (in synchronism with patient breathing) or auto-setting in level. Throughout this specification any reference to CPAP is intended to incorporate a reference to any one of, or combinations of, these forms of pressurised gas supply.

The invention is also suitable for supplying gas for assisted respiration or mechanical ventilation.

BACKGROUND OF THE INVENTION

Some people find breathing the cool, dry air produced by the flow generator of a gas supplying apparatus uncomfortable, leading to possible lack of treatment compliance. It can also cause a dry or runny nose. This problem can be ameliorated by placing a humidifier in the gas flow path between the flow generator and the patient to moisturise the gas supplied to the patient. A humidifier basically is a reservoir of water over the surface of which the pressurised breathable gas flows. The water can be heated (known as an "active" humidifier) or unheated (known as "passive").

In some gas supply apparatus, in particular those used in CPAP treatment, it is desirable or necessary to monitor the pressure of the gas being supplied at the mask worn on the patient's face. This is generally done by monitoring the pressure at the flow generator with an electronic pressure transducer and then compensating for the known flow characteristics of the delivery tube and mask by calibration to determine the mask treatment pressure.

However, if a humidifier is placed between the flow generator and the mask (downstream of the pressure transducer) its pneumatic impedance of the gas flow may result in large pressure swings and the introduction of errors into the mask pressure calculation. Moreover, if the pressure signal is used to measure snore as an indication of partial apnea, the humidifier may muffle the snore component thereby reducing the accuracy of the snore measurement.

It is known to ameliorate these problems by using a hollow cylindrical plug having a pressure sensing port connected by a flexible tube to a pressure transducer mounted within the housing that contains the flow generator. If the apparatus is used without a humidifier the plug has one end connected directly to the flow generator

10

15

20

25

30

outlet and the other connected to the mask supply tube inlet. When a humidifier is used, the humidifier inlet is connected to the flow generator outlet and the humidifier outlet is connected to one end of the plug. The other end of the plug remains connected to the mask supply tube inlet. In this way, the pressure monitored by the pressure transducer is downstream of the humidifier and not affected by its alteration of the gas supply path.

However, this apparatus suffers from several problems. Firstly, the usage of the plug and associated tube is messy and unsightly. Further, the tube is thin and prone to kinking and/or squashing leading to inaccuracies in pressure measurement. Also, if the tube is removed and inadvertently replaced with a tube of different length or diameter, the accuracy of the mask pressure calculation is adversely affected. Finally, the apparatus suffers from the possibility that the humidifier or plug may be incorrectly installed, particularly when used by patients in the home and/or with humidifiers manufactured by a third party.

The above disadvantages may be ameliorated by incorporating a humidifier into the housing that contains the flow generator. However, this is uneconomical as many patients do not require this feature.

Accordingly, there exists a need for an apparatus for supplying breathable gas which can be easily and simply connected to a humidifier and which may also be quickly and simply configured to function without a humidifier, in which gas supply pressure is sensed downstream of the humidifier, if present.

The present invention is directed towards achieving one or more of these needs and, in particular, to substantially overcoming or at least ameliorating one or more of the disadvantages of the existing apparatus described above.

SUMMARY OF THE INVENTION

Accordingly, in the first aspect, the present invention discloses an apparatus for supplying breathable gas, the apparatus includes:

- a flow generator;
- a gas outlet;
- a connection means interposed between the flow generator and the gas outlet, the connection means having a connection inlet and a connection outlet; and

a pressure sensing means interposed between the connection outlet and the gas outlet, wherein the connection means is adapted to allow selective connection to either a duct member providing a direct flow path from the connection inlet to the connection outlet or to a humidifier interposed between the connection inlet and the connection outlet.

The connection inlet receives gas from the flow generator. The connection outlet receives gas from the humidifier or the duct member, as the case may be.

10

15

20

25

30

35

Preferably, the breathable gas is air.

Desirably, the apparatus is connected by a gas supply tube to a patient "mask" to provide CPAP treatment, assisted respiration or mechanical ventilation. Mask varieties include nose masks, mouth masks, combination nose and mouth masks, nasal prongs, nasal pillows and full face masks.

The pressure sensing means is preferably an electronic pressure transducer.

The connection inlet and the connection outlet may be identical or may be different, for example in cross-sectional shape or diameter, in order to avoid incorrect installation of the duct member or the humidifier.

Preferably, the connection inlet and the connection outlet are recessed behind the outer edge of the casing or housing of the apparatus. In an embodiment, the duct member is in the form of a substantially U-shaped pipe adapted to connect the connection inlet and the connection outlet. The pipe preferably has an outer panel attached thereto which, upon installation, is substantially flush with adjacent outer panels of the casing or housing. In a preferred form the U-shaped pipe is comprised of two joined sections encased in a shape having a snap-engageable base and lid.

The humidifier can include a heater (ie. active) or be unheated (ie. passive).

In an embodiment, the apparatus also includes a gas flow rate sensing means interposed between the connection outlet and the gas outlet. In one form, the gas flow rate sensing means is a pressure differential flow sensor communicating with two pressure ports, the ports being respectively disposed on opposite sides of a flow impedance. In a preferred form, one of the pressure ports, preferably the port closest to the gas outlet, also communicates with the pressure sensing means.

The duct-member, and other components in the gas path, are desirably produced from antimicrobial materials. The duct member, and other components in the gas path, are also desirably disposable.

In a second aspect, the present invention discloses a CPAP treatment device incorporating the apparatus of the first aspect.

BRIEF DESCRIPTION OF THE DRAWINGS

A preferred embodiment of the invention will now be described, by way of example only, with reference to the accompanying drawings in which:

Fig. 1 is a partial sectional schematic plan view of a first embodiment of a breathable gas supply apparatus according to the invention connected to a humidifier;

Fig. 2 is a view similar to Fig. 1, but showing the apparatus connected to a duct member;

Fig. 3 is a partial sectional schematic plan view of a second embodiment of a breathable gas supply apparatus according to the invention connected to a humidifier;

10

15

20

25

30

35

Fig. 4 is a view similar to Fig. 3, but showing the apparatus connected to a duct member;

Fig. 5 is a partial perspective view of the chassis of a third embodiment of a gas supply apparatus according to the invention connected to a duct member;

Fig. 6 is a view similar to Fig. 5 with the lid of the duct member removed;

Fig. 7 is a view similar to Fig. 5 with the duct member removed;

Fig. 8 is an exploded perspective view of the duct member shown in Fig. 5;

Fig. 9 is a schematic front view of another embodiment of the connection inlet and outlet; and

Fig. 10 is a schematic front view of a further embodiment of the connection inlet and outlet.

DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENT

Referring to the Figs. 1 and 2, there is partially shown a first embodiment of an apparatus 10 for supplying breathable gas according to the invention. The apparatus 10 includes a flow generator 12 and a breathable gas outlet 14. The breathable gas outlet 14 is connected by a flexible gas supply tube 16 to a face mask 18 worn by a patient (not shown). A connection means, indicated generally at 21, is disposed between the pressure transducer 20 and the flow generator 12 and includes a connection inlet 22 and a connection outlet 24. A pressure sensing means, in the form of a pressure transducer 20 connected to a port tapping 23, is disposed between the connection outlet 24 the gas outlet 14.

In Fig. 1, the connection inlet 22 is shown connected to the inlet tube 25 of a humidifier 26. The connection outlet 24 is connected to the outlet tube 28 of the humidifier 26. Thus, the pressure transducer 20 measures the gas supply pressure downstream of the humidifier 26 and is not affected any pneumatic impedance it introduces.

In Fig. 2, the apparatus 10 is shown configured without the humidifier 26. In this configuration, a duct member in the form of a substantially U-shaped pipe 30 provides a direct gas flow path from the connection inlet 22 to the connection outlet 24.

The main advantages of the apparatus are two-fold. Firstly, if a humidifier is used, gas supply pressure is measured downstream thereof and thus includes any pressure swings or variations introduced by the humidifier. Secondly, the apparatus can be quickly and easily converted between including, or not including, a humidifier in the gas supply path.

In the embodiment shown, the inlet 22 and outlet 24 are recessed behind the external boundary of the casing or housing 32 of the apparatus 10. The duct member 30 includes a panel 34 which, upon installation, is substantially flush with the casing 32 thereby providing a neat appearance to the apparatus 10.

10

15

20

25

30

35

(

Figs. 3 and 4 show a second embodiment of an apparatus 40 for supplying breathable gas according to the invention. Like reference numerals to those used in describing the first embodiment will be used to denote like feature with respect to the second embodiment.

The apparatus 40 includes a gas flow rate sensing means in the form of a pressure differential flow sensor 41 communicating with pressure tappings 42 and 44 provided either side of a flow impeding orifice 46.

Flow impedance can also be accomplished by providing a straw bundle, flexible membrane, vortex former or the like between the tappings 42 and 44.

Pressure measurement can be performed by using a separate pressure sensing means (not shown), such as the pressure transducer 20 and the tapping 23 from the first embodiment, or by measuring the pressure at one of the ports 42 or 44. The port 44 is preferable because it is closer to the gas supply conduit 16.

Figs. 5 to 8 show a third embodiment of an apparatus 60 for supplying breathable gas according to the invention. Like reference numerals to those used in describing the first embodiment will again be used to denote like features with respect to the third embodiment.

Figs. 5 to 7 show a mounting chassis 62 of the apparatus 60 with the upper external lid or cover removed. A pressure transducer (not shown) communicates with the supplied gas at port 64 provided in outlet tube 66. The tube 66 terminates in spigot 68 which is adapted for connecting to the gas supply conduit (not shown).

The chassis 62 includes a recess at 70 for fitment of a flow meter (not shown). A suitable flow meter is shown as item 50 in Figs. 6 to 10 of the applicant's international PCT patent application No. PCT/AU98/00082, the relevant disclosure of which is hereby incorporated by cross-reference. The flow meter shown in PCT/AU98/00082 includes a gas outlet in the form of a cylindrical tube (shown as item 58) which is positionable to protrude through U-shaped cut-out 72 (see Fig. 7) to constitute the connection inlet in a similar manner to the connection outlet 24 shown protruding from back wall 74 of chassis recess 76.

In this embodiment, the duct member 30 is comprised of two ABS plastic 90° tubes 77 connected by a DYNAFLEX (Trade Mark) thermoplastic elastomer connector produced by the GLS Corporation of OHIO, USA. Ends 78 and 80 of the duct member 30 include silicone 'O'-rings 81 coated with paralene. The duct member 30 is mounted within a box 82 comprising a base 84 and a lid 86 which are adapted to snap engage with one another.

The base 84 includes a recess 88 for engaging a tongue 88 (see Fig. 7) provided in chassis recess 70 to correctly position the box 82. The lid 86 includes a protuberance 90 which snap engages a complimentary recess in the lid (not shown) of

10

15

20

the apparatus 60 to retain the box 82 adjacent the chassis 62. The curved upper surface 92 of the box is a smooth continuation of the adjacent upper surface of the apparatus lid.

The U-shaped member 30 and the box 82 can be produced from an antimicrobial material or be disposable to reduce the risk of infection between different users of the apparatus 60. Other components in the gas path, such as the outlet tube 66, can also be made from antimicrobial material or be disposable.

Figs. 5 and 6 show the apparatus 60 configured for use without a humidifier. Fig. 7 shows the apparatus 60 in a configuration suitable for connection to the inlet and outlet tubes of a humidifier (after installation of the aforementioned flow sensor).

Figs. 9 and 10 show two embodiments of the connection inlet 22 and the connection outlet 24. In Fig. 9, the inlet 22 and the outlet 24 are circular but of different diameter. In Fig. 10, the inlet 22 and the outlet 24 have different cross-sectional shapes. In both cases the ends of the duct member and the humidifier inlet and outlet are provided with corresponding engaging formations to avoid incorrect installation. This is especially advantageous when a non-symmetrical or uni-directional humidifier is used.

Although the invention has been described with reference to a specific examples, it will be appreciated by those skilled in the art, that the invention can be embodied in many other forms.

CLAIMS:

5

10

15

20

25

30

35

(

1. An apparatus for supplying breathable gas, the apparatus includes; a flow generator;

a gas outlet;

a connection means interposed between the flow generator and the gas outlet, the connection means, the connection means having a connection inlet and a connection outlet; and

a pressure sensing means interposed between the connection outlet and the gas outlet, wherein the connection means is adapted to allow selective connection to either a duct member providing a direct flow path from the connection inlet to the connection outlet or to a humidifier interposed between the connection inlet and the connection outlet.

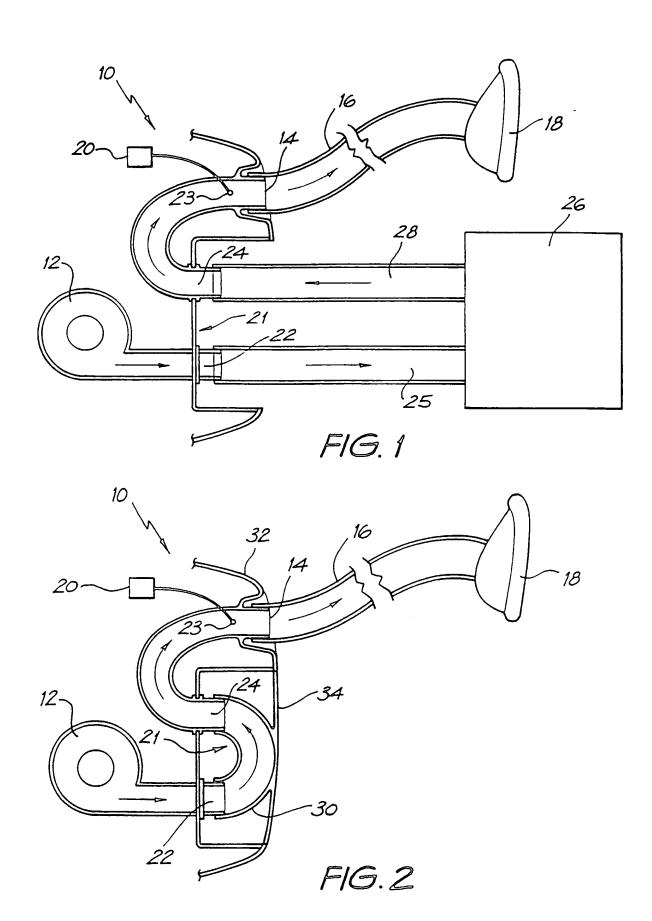
- 2. An apparatus as claimed in claim 1, wherein the breathable gas is air.
- 3. An apparatus as claimed in claim 1 or 2, wherein the apparatus is connected by a gas supply tube to a patient mask to provide CPAP treatment, assisted respiration or mechanical ventilation.
- 4. An apparatus as claimed in claim 3, wherein the mask is a nose mask, mouth mask, combination nose and mouth mask, nasal prongs, nasal pillows or full face mask.
- 5. An apparatus as claimed in any one of the preceding claims including a gas flow rate sensing means interposed between the connection outlet and the gas outlet.
- 6. An apparatus as claimed in claim 5, wherein the gas flow rate sensing means is a pressure differential flow sensor communicating with two pressure ports, the ports being respectively disposed on opposite sides of a flow impedance.
- 7. An apparatus as claimed in claim 5 or 6, wherein one of the ports communicates with the pressure sensing means.
- 8. An apparatus as claimed in claim 7, wherein the port closest to the gas outlet communicates with the pressure sensing means.
- 9. An apparatus as claimed in any one of the preceding claims, wherein the pressure sensing means is an electronic pressure transducer.
- 10. An apparatus as claimed in any one of the preceding claims, wherein the connection inlet and the connection outlet are identical.
- 11. An apparatus as claimed in any one of claims 1 to 9, wherein the connection inlet and the connection outlet are different.
 - 12. An apparatus as claimed in claim 11, wherein the connection inlet and the connection outlet are of a different cross-sectional shape or diameter.

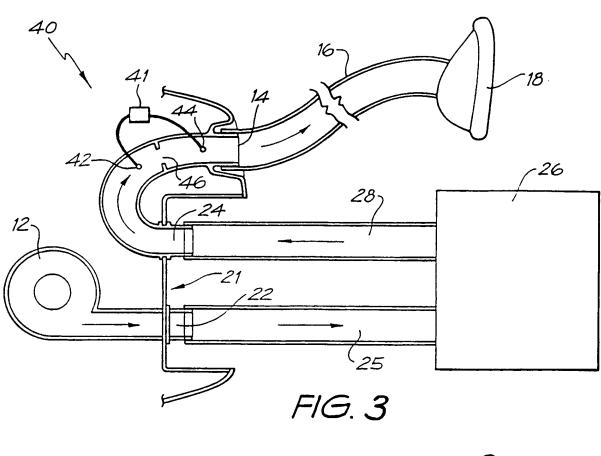
10

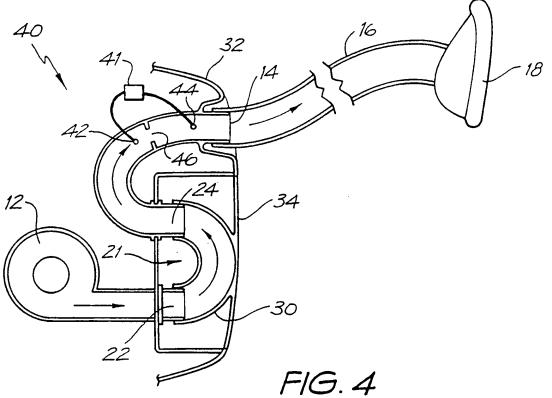
15

20

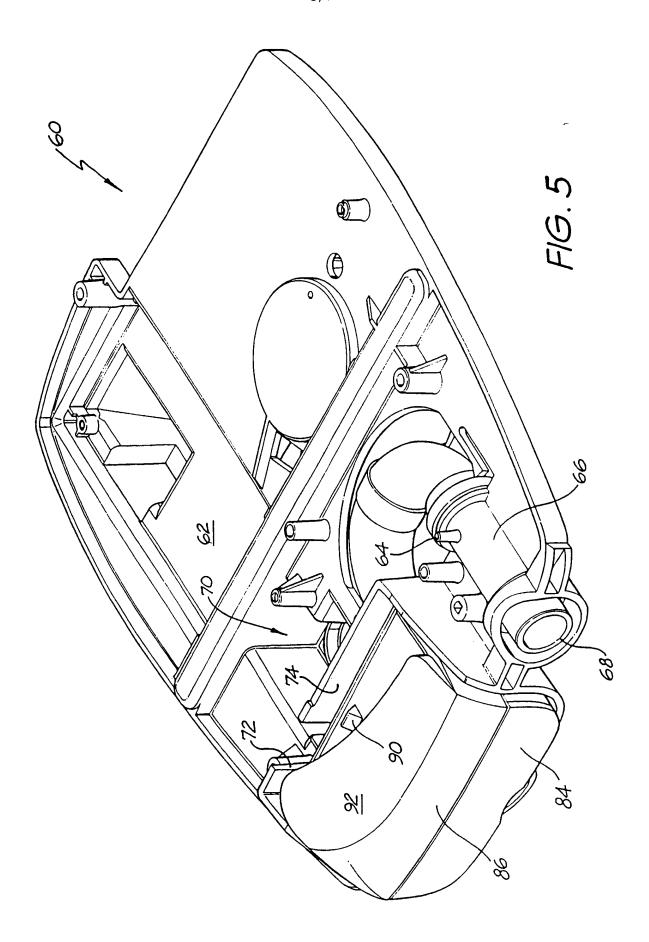
- 13. An apparatus as claimed in any one of the preceding claims, wherein the connection inlet and the connection outlet are recessed behind the outer edge of the casing or housing of the apparatus.
- 14. An apparatus as claimed in any one of the preceding claims, wherein the duct member is in the form of a substantially U-shaped pipe adapted to connect the connecting inlet and the connecting outlet.
- 15. An apparatus as claimed in any one of the preceding claims, wherein the U-shaped pipe has an outer panel attached thereto which, upon installation, is substantially flush with adjacent outer panels of the casing or housing.
- 16. An apparatus as claimed in any one of claims 1 to 14, wherein the U-shaped pipe is formed from two joined sections encased in a box having a snap engageable base and lid.
- 17. An apparatus as claimed in claim 16, wherein the box is snap engageable with a housing or chassis of the apparatus.
- 18. An apparatus as claimed in any one of the preceding claims, wherein the humidifier includes a heater.
- 19. An apparatus as claimed in any one of claims 1 to 17, wherein the humidifier is unheated.
- 20. A CPAP treatment device incorporating the apparatus of any one of claims 1 to 19.



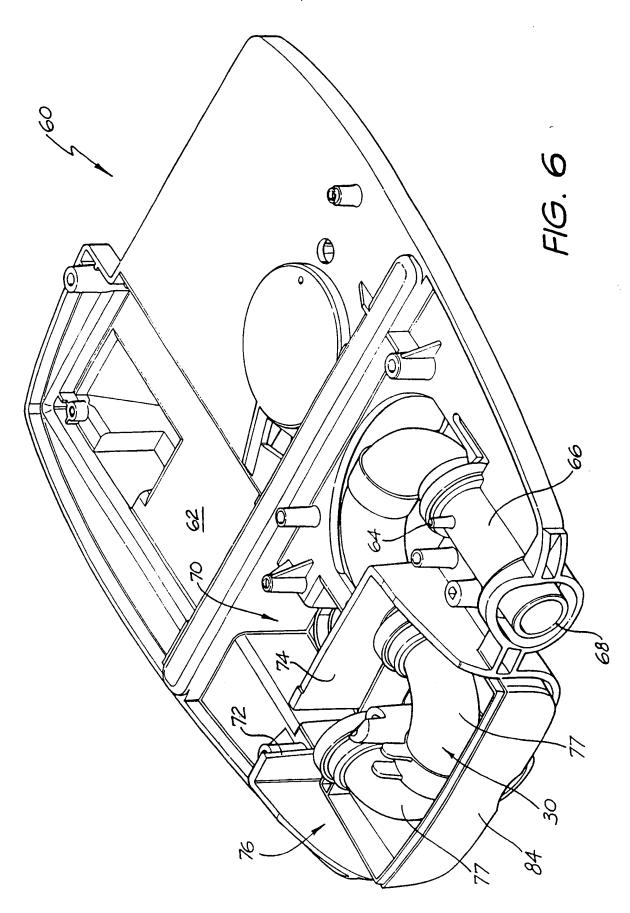


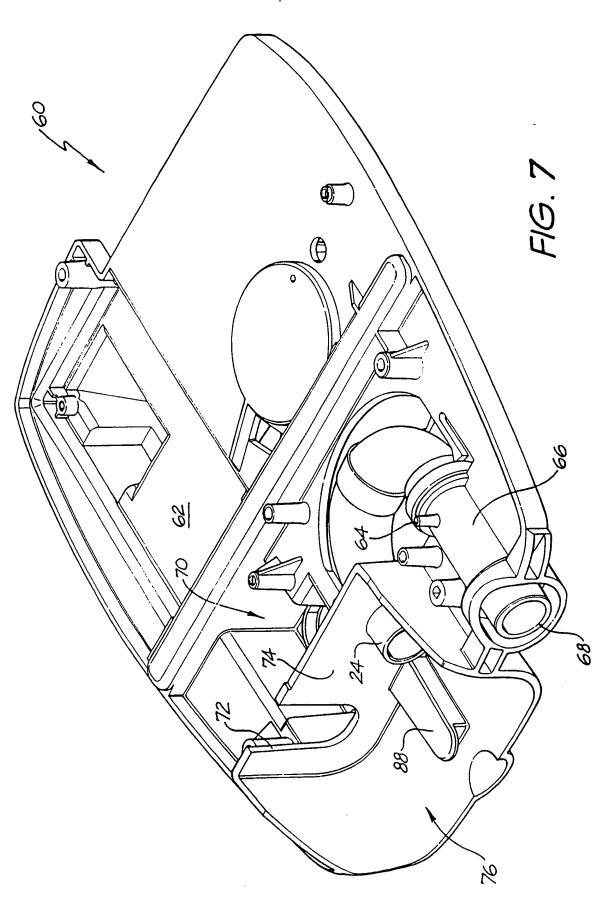


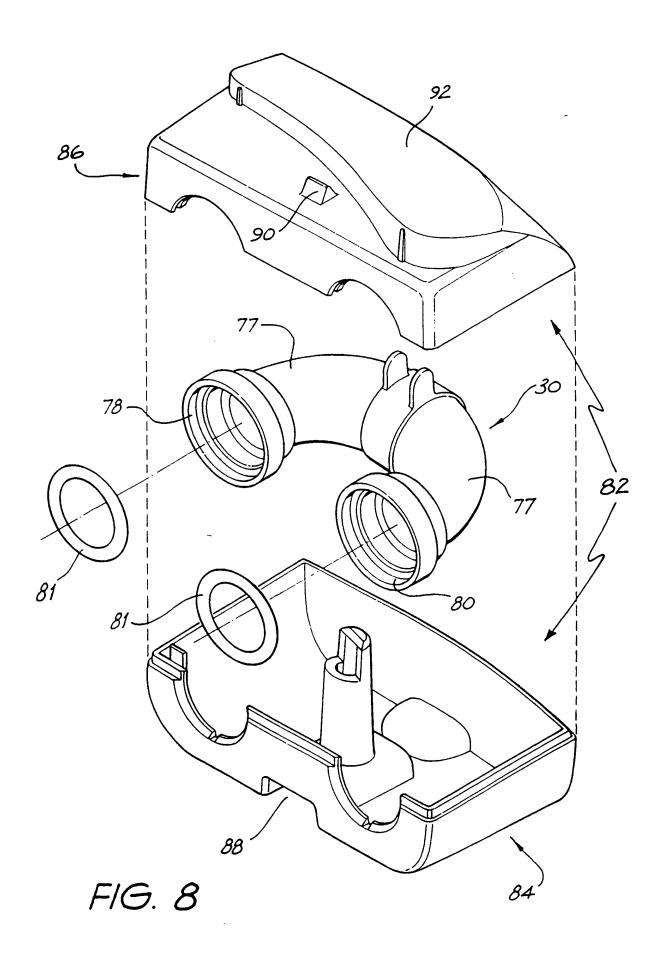
(



SUBSTITUTE SHEET (RULE 26)







(· :

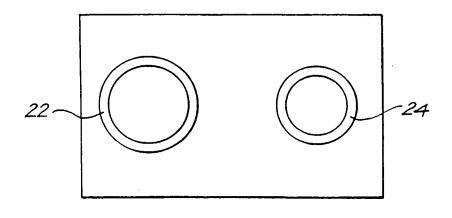
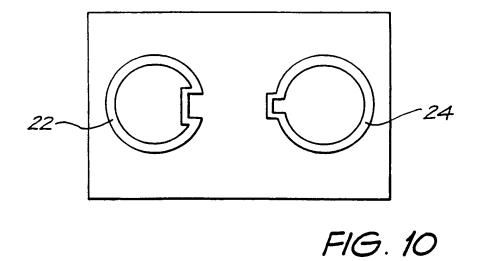


FIG. 9



INTERNATIONAL SEARCH REPORT

AUSTRALIA

Facsimile No.: (02) 6285 3929

International Application No.

INTERNA	ATIONAL SEARCH REPORT		PCT/AU 9	8/00474
Α.	CLASSIFICATION OF SUBJECT MATTER			<u> </u>
Int Cl6:	A61M 16/00			
According to	o International Patent Classification (IPC) or to both	national classification and I	PC	
В.	FIELDS SEARCHED			
Minimum do IPC: A61M I	cumentation searched (classification system followed by 6/IC	classification symbols)		
Documentation	on searched other than minimum documentation to the ex	tent that such documents are inc	cluded in the fi	ields searched
WPAT: HUMI VENT	ta base consulted during the international search (name of DIFY, PRESSURE, SENSOR, TRANSDUCER, PROBE, RESPITIATION, ANAESTHETIC, VAPOUR, CPAPTINUOUS, POSITIVE	PIRATION, BREATH		ns used)
C.	DOCUMENTS CONSIDERED TO BE RELEVANT	г		
Category*	Citation of document, with indication, where ap	propriate, of the relevant pas	sages	Relevant to claim No.
Х	US 5537997 A (MECHLENBURG et al.) 23 Jul Figure 5, column 13 lines 20-27	ly 1996		1-20
P, X	AU 42027/97 A (NETZER) 5 February 1998 Entire document			1-20
X	WO 82/03326 A1 (VAS-ÉS MUSZERIPARI SZ Figure 1, page 7 line 2 - page 8 line 34	ZÖVETKEZET) 14 October	1982	1-5, 9-20
X	Further documents are listed in the continuation of Box C	X See patent fami	ily annex	
"A" doct not of earli inter "L" doct or w anot "O" doct or o' "P" doct	cial categories of cited documents: "It ument defining the general state of the art which is considered to be of particular relevance ier document but published on or after the mational filing date ument which may throw doubts on priority claim(s) which is cited to establish the publication date of their citation or other special reason (as specified) ument referring to an oral disclosure, use, exhibition ther means ument published prior to the international filing date "8 later than the priority date claimed	priority date and not in co- understand the principle of document of particular rel- be considered novel or car inventive step when the do- document of particular rel- be considered to involve a combined with one or mor combination being obviou	nflict with the r theory under evance; the clant be consided ocument is take evance; the clant inventive stere other such disto a person s	application but cited to dlying the invention aimed invention cannot cred to involve an en alone aimed invention cannot ep when the document is documents, such skilled in the art
	ctual completion of the international search	Date of mailing of the internal	_	
31 July 1998		I	AUG 199	88
	CT 2606	Authorized officer STEVEN WEISS		

Telephone No.: (02) 6283 2466

INTERNATIONAL SEARCH REPORT

International Application No.
PCT/AU 98/00474

C (Continua	tion) DOCUMENTS CONSIDERED TO BE RELEVANT	
Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
	EP 298367 A2 (ADAHAN) 11 January 1989	
X	Figure 4, column 2 line 20 - column 8 line 25	1-5, 9-20
	FD 481450 A1 (DAB) 22 A 1002	
X	EP 481459 A1 (DAR) 22 April 1992 Figure 1, column 2 line 58 - column 3 line 51	1-5, 9-20
		·
]

INTERNATIONAL SEARCH REPORT

Information on patent family members

International Application No. PCT/AU 98/00474

This Annex lists the known "A" publication level patent family members relating to the patent documents cited in the above-mentioned international search report. The Australian Patent Office is in no way liable for these particulars which are merely given for the purpose of information.

Patent Document Cited in Search Report		Patent Family Member					
US	5537997	US	5540219	US	5655522	AU	60474/96
		CA	2196918	EP	777507	WO	9640335
AU	42027/97	wo	9804311	DE	19630466		
WO	8203326	EP	74943	SU	1212315	US	4539984
EP	298367	JP	1034374	US	4823787	US	4807616
		US	4941469	CA	1298167		
EP	481459	IT	1243853				

END OF ANNEX